




**Hudson City School District**  
**Cafeteria Menu - John L. Edwards Primary School (Menu may vary by school.)**  
**October, 2017**

| BREAKFAST 10/2   | BREAKFAST 10/3   | BREAKFAST 10/4  | BREAKFAST 10/5  | BREAKFAST 10/6  |
|--|--|---|---|---|
| Mini-Bagels  | Ultimate Breakfast Round & Cereal  | Yogurt Bar w/ Grain & Fruit Toppings  | French Toast Sticks   | Pancakes, Syrup   |
| <b>LUNCH</b>   | <b>LUNCH</b>   | <b>LUNCH</b>  | <b>LUNCH</b>  | <b>LUNCH</b>  |
| Chicken & Biscuit<br>Mashed Potatoes & Gravy<br>Steamed Carrots<br>Fruit Choices<br>Milk                         | Taco on Soft Shell<br>Seasoned Meat<br>Lettuce, Tomato, Cheese<br>Salsa, Corn<br>Fruit Choices, Milk   | "Bluehawk Special"<br>Cheeseburger on W.W. Bun<br>Lettuce & Tomato<br>Sweet Potato Fries<br>Fruit Choices, Milk | Chicken Nuggets<br>Tator Tots<br>Whole Wheat Dinner Roll<br>Vegetarian Baked Beans<br>Fruit Choices, Milk | "The Max" Stuffed Crust Pizza<br>Tossed Salad Greens<br>Fruit Choices<br>Milk |
| 10/9   | BREAKFAST 10/10  | BREAKFAST 10/11   | BREAKFAST 10/12   | BREAKFAST 10/13   |
|  | Mini-Pancakes  | Breakfast Pizza   | Bagel w/ Cream Cheese   | Cereal & Graham Crackers  |
| <b>Columbus Day</b>  | <b>LUNCH</b>   | <b>LUNCH</b>  | <b>LUNCH</b>  | <b>LUNCH</b>  |
| No School<br>                   | Chicken Patty on Whole Wheat Bun<br>Lettuce & Tomato<br>Smile Fries<br>Fruit Choices<br>Milk           | Grilled Cheese Sandwich<br>Tomato Soup<br>Steamed Broccoli<br>Fruit Choices<br>Milk                             | Popcorn Chicken<br>Mashed Potatoes, Gravy<br>Green Beans<br>Fruit Choices<br>Milk                         | Tony's "Smart" Pizza<br>Tossed Salad<br>Fruit Choices<br>Milk                 |
| BREAKFAST 10/16  | BREAKFAST 10/17  | BREAKFAST 10/18   | BREAKFAST 10/19   | 10/20   |
| Mini-Bagels  | French Toast Sticks  | Yogurt Bar w/ Fruit & Grain Toppings  | Cereal & Muffin   |   |
| <b>LUNCH</b>   | <b>LUNCH</b>   | <b>LUNCH</b>  | <b>LUNCH</b>  |   |
| "Bluehawk Special"<br>Cheeseburger on W.W. Bun<br>Lettuce & Tomato<br>Oven Fries<br>Fruit Choices<br>Milk        | Chicken Taco on Soft Shell<br>Lettuce, Tomato, Cheese<br>Corn, Salsa<br>Fruit Choices<br>Milk          | Spaghetti w/ Meatballs<br>Green Beans<br>Fruit Choices<br>Milk  | "The Max" Stuffed Crust Pizza<br>Tossed Salad<br>Fruit Choices<br>Milk                                    | Superintendent's Conference Day<br><br>School Closed                          |
| BREAKFAST 10/23  | BREAKFAST 10/24  | BREAKFAST 10/25   | BREAKFAST 10/26   | BREAKFAST 10/27   |
| Breakfast Pizza  | French Toast   | Yogurt Bar w/ Fruit & Grain Toppings  | Ultimate Breakfast Round & Yogurt   | Muffin & Yogurt   |
| <b>LUNCH</b>   | <b>LUNCH</b>   | <b>LUNCH</b>  | <b>LUNCH</b>  | <b>LUNCH</b>  |
| Chicken Nuggets<br>Mashed Potatoes, Gravy<br>Steamed Carrots<br>Whole Wheat Dinner Roll<br>Fruit Choices<br>Milk | Taco on Soft Shell<br>Seasoned Meat<br>Lettuce, Tomato, Cheese<br>Salsa, Corn<br>Fruit Choices<br>Milk | Mozzarella Sticks w/ Dipping Sauce<br>Romaine Salad<br>Roasted Chick Peas<br>Fruit Choices<br>Milk              | "Bluehawk Special"<br>Cheeseburger on W.W. Bun<br>Lettuce, Tomato<br>Smile Fries<br>Fruit Choices<br>Milk | Tony's "Smart" Pizza<br>Steamed Broccoli<br>Fruit Choices<br>Milk             |

Available Daily:

Pre-packed Chef Salad  
 Fresh or Canned Fruit  
 Assorted Sandwiches  
 Milk - All Milk is Fat Free

All grain products are whole grain rich.

Menu subject to change.

Substitute Food Service  
 Helpers are needed--  
 Applications are  
 available in the Business Office

Breakfast Includes a  
 Choice of Fresh Fruit,  
 Juices, Cereals, Bagels,  
 Milk, and the Daily Selection  
 as Printed on the Menu.

Ala Carte Prices:  
 Milk \$.50  
 Fruit Juice \$.50  
 Ice Cream \$.75  
 Frozen Yogurt \$1.00



Please see reverse side of menu for additional offerings.

Hudson City School District is an equal opportunity provider.

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