



*November*



**Hudson City School District**  
**Cafeteria Menu - Jr./Sr. High School (Menu may vary by school.)**  
**November, 2017**

<b>BREAKFAST 10/30</b> Mini-Bagels	<b>BREAKFAST 10/31</b> Assorted Donuts	<b>BREAKFAST 11/1</b> Ultimate Breakfast Round & Yogurt	<b>BREAKFAST 11/2</b> French Toast Sticks	<b>BREAKFAST 11/3</b> Breakfast Sandwich (Egg & Cheese on a Bagel)
<b>LUNCH</b> WG Chicken Nuggets Brown Rice Vegetable Bar Fruit Choices Milk	<b>LUNCH</b> Cheeseburger on WW Bun or Chili Cheese Dog on WW Bun Tator Tots Vegetable Bar Fruit Choices, Milk	<b>LUNCH</b> Chicken Parmesan w/ WG Pasta & Sauce Vegetable Bar Fruit Choices Milk	<b>LUNCH</b> WG Chicken Fajita Fiesta Rice Vegetable Bar Fruit Choices Milk	<b>LUNCH</b> WG Veggie, Buffalo, or Cheese Pizza Vegetable Bar Fruit Choices Milk
<b>BREAKFAST 11/6</b> Ultimate Breakfast Round & Cereal	<b>BREAKFAST 11/7</b> Breakfast Pizza	<b>BREAKFAST 11/8</b> Yogurt & Muffin	<b>BREAKFAST 11/9</b> Breakfast Sandwich (Egg & Turkey Sausage on Bagel)	<b>11/10</b>
<b>LUNCH</b> Chicken Patty on Whole Wheat Bun Lettuce, Tomato, Onion Seasoned Potato Wedges Vegetable Bar Fruit Choices, Milk	<b>LUNCH</b> WW Macaroni & Cheese Broccoli Vegetable Bar Fruit Choices Milk	<b>LUNCH</b> WG Chicken & Cheese Quesadilla Brown Rice, Black Beans Vegetable Bar Fruit Choices Milk	<b>LUNCH</b> WG Stuffed Crust Pizza Vegetable Bar Fruit Choices Milk	<b>VETERANS DAY</b> No School 
<b>BREAKFAST 11/13</b> Mini-Bagels	<b>BREAKFAST 11/14</b> Ultimate Breakfast Round & Cereal	<b>BREAKFAST 11/15</b> Yogurt & Muffin	<b>BREAKFAST 11/16</b> Breakfast Sandwich (Egg & Cheese on Bagel)	<b>BREAKFAST 11/17</b> Pancakes, Syrup
<b>LUNCH</b> WG Mozzarella Sticks w/ Dipping Sauce Green Beans Vegetable Bar Fruit Choices Milk	<b>LUNCH</b> Cheeseburger on W.W. Bun Lettuce, Tomato, Onion Tator Tots Vegetable Bar Fruit Choices Milk	<b>LUNCH</b> Roasted Turkey w/ Gravy Mashed Potatoes WG Stuffing Corn Fruit Choices Milk	<b>LUNCH</b> 1/2 DAY - ALL SCHOOLS  No Lunch Served	<b>LUNCH</b> WG Veggie, Buffalo, or Cheese Pizza Vegetable Bar Fruit Choices Milk
<b>BREAKFAST 11/20</b> Ultimate Breakfast Round & Cereal	<b>BREAKFAST 11/21</b> P B & J Wafer	<b>BREAKFAST 11/22</b> Breakfast Pizza	<b>11/23</b>	<b>11/24</b>
<b>LUNCH</b> Cheeseburger on W.W. Bun Lettuce, Tomato, Onion Oven Fries Vegetable Bar Fruit Choices Milk	<b>LUNCH</b> WG Popcorn Chicken Bowl Mashed Potatoes, Gravy, & Corn Whole Wheat Dinner Roll Vegetable Bar Fruit Choices, Milk	<b>LUNCH</b> 1/2 DAY - ALL SCHOOLS  No Lunch Served	<b>THANKSGIVING</b> 	<b>RECESS</b> 
<b>BREAKFAST 11/27</b> Mini-Bagels	<b>BREAKFAST 11/28</b> Breakfast Sandwich (Egg & Turkey Bacon on Bagel)	<b>BREAKFAST 11/29</b> Yogurt Bar w/ Grain & Fruit Toppings	<b>BREAKFAST 11/30</b> Cereal & Muffin	<b>BREAKFAST 12/1</b> Ultimate Breakfast Round & Yogurt
<b>LUNCH</b> Chicken Patty on Whole Wheat Bun Lettuce, Tomato, Onion Seasoned Carrots Vegetable Bar Fruit Choices, Milk	<b>LUNCH</b> Philly Cheese Steak on WG Roll Peppers & Onions Seasoned Potato Wedges Vegetable Bar Fruit Choices, Milk	<b>LUNCH</b> Corn Tortilla Chips w/ Taco Meat & Cheese Black Beans Salsa Fruit Choices, Milk	<b>LUNCH</b> Chicken Fried Rice Oriental Vegetables Vegetable Bar Fruit Choices Milk	<b>LUNCH</b> WG Stuffed Crust Pizza Vegetable Bar Fruit Choices Milk

**Salad Bar**  
**Fresh or Canned Fruit**  
**Assorted Sandwiches**  
**Milk - All Milk is Fat Free**

Please see reverse side of menu for additional offerings.

Breakfast Includes a Choice of Fresh Fruit, Juices, Cereals, Bagels, Milk, and the Daily Selection as Printed on the Menu.

Menu subject to change.

All grain products are whole grain rich.

Ala Carte Prices:  
Milk \$.50  
Fruit Juice \$.50  
Ice Cream \$.75  
Frozen Yogurt \$1.00

Hudson City School District is an equal opportunity employer and provider.

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