






Hudson City School District

Cafeteria Menu - M.C.S. Intermediate School (Menu may vary by school)

February, 2018



<b>BREAKFAST 1/29</b> WG French Toast Sticks & Turkey Sausage <b>LUNCH</b> WG Chicken Nuggets Rice Corn Fruit Choices Milk	<b>BREAKFAST 1/30</b> Breakfast Pizza <b>LUNCH</b> All Beef Hot Dog on Whole Wheat Bun Tator Tots Vegetarian Baked Beans Fruit Choices, Milk	<b>BREAKFAST 1/31</b> Yogurt & Muffin <b>LUNCH</b> WG Mozzarella Sticks w/ Dipping Sauce Green Beans Fruit Choices Milk	<b>BREAKFAST 2/1</b> Breakfast Sandwich <b>LUNCH</b> Beef Taco on WG Soft or Hard Shell Lettuce & Cheese Rice, Black Beans, Salsa Fruit Choices, Milk	<b>BREAKFAST 2/2</b> Assorted WG Donuts <b>LUNCH</b> WG Stuffed Crust Pizza Tossed Salad Greens Fruit Choices Milk
<b>BREAKFAST 2/5</b> WG Mini-Pancakes <b>LUNCH</b> WG Chicken Patty on Whole Wheat Bun Lettuce, Tomato Oven Fries Corn Fruit Choices, Milk	<b>BREAKFAST 2/6</b> Corn Muffin & Cheese Stick <b>LUCKY STICKER DAY!</b> <b>LUNCH</b> Grilled Cheese Sandwich on Whole Wheat Bread Tomato Soup Broccoli Spears Fruit Choices Milk	<b>BREAKFAST 2/7</b> Ultimate Breakfast Round & Yogurt <b>LUNCH</b> WW Spaghetti w/ Meatballs Green Beans Fruit Choices Milk	<b>BREAKFAST 2/8</b> Breakfast Pizza <b>LUNCH</b> Cheeseburger on WW Bun Lettuce & Tomato Sweet Potato Fries Fruit Choices Milk	<b>BREAKFAST 2/9</b> Blueberry Muffin <b>LUNCH</b> Tony's WG Pizza Veggie Sticks Fruit Choices Milk
<b>BREAKFAST 2/12</b> WG French Toast Sticks & Turkey Sausage <b>LUNCH</b> WG Chicken Nuggets Mashed Potatoes Whole Wheat Dinner Roll Seasoned Carrots Fruit Choices, Milk	<b>BREAKFAST 2/13</b> Assorted WG Donuts <b>LUNCH</b> Cheesy Stuffed Bread Sticks w/ Marinara Sauce Green Beans Fruit Choices Milk	<b>BREAKFAST 2/14</b> Yogurt Bar w/ Grain & Fruit Toppings <b>LUNCH</b> All Beef Hot Dog on Whole Wheat Bun Tator Tots Vegetarian Baked Beans Valentine's Day Cookie Fruit Choices, Milk	<b>BREAKFAST 2/15</b> Breakfast Sandwich <b>LUNCH</b> "Brunch for Lunch" WG French Toast Sticks Turkey Sausage Patty Hash Browns Orange Wedges Fruit Choices, Milk	<b>BREAKFAST 2/16</b> Ultimate Breakfast Round & Yogurt <b>LUNCH</b> WG Stuffed Crust Pizza Tossed Salad Greens Fruit Choices Milk
2/19	2/20	2/21	2/22	2/23
Mid-Winter Recess 2/19 - 2/23/18				
				
<b>BREAKFAST 2/26</b> WG Mini-Pancakes <b>LUCKY STICKER DAY!</b> <b>LUNCH</b> WG Mozzarella Sticks w/ Dipping Sauce Veggie Sticks Fruit Choices Milk	<b>BREAKFAST 2/27</b> Assorted WG Donuts <b>LUNCH</b> Cheeseburger on WW Bun Lettuce & Tomato Sweet Potato Fries Fruit Choices Milk	<b>BREAKFAST 2/28</b> Breakfast Sandwich <b>LUNCH</b> Meatball Sub on Whole Wheat Roll Tossed Salad Greens Fruit Choices Milk	<b>BREAKFAST 3/1</b> Ultimate Breakfast Round & Yogurt <b>LUNCH</b> WG Popcorn Chicken Mashed Potatoes Whole Wheat Dinner Roll Broccoli Spears Fruit Choices, Milk	<b>BREAKFAST 3/2</b> WG French Toast Sticks & Turkey Sausage <b>LUNCH</b> Tony's WG Pizza Veggie Sticks Fruit Choices Milk

Please see reverse side of menu for additional offerings.

**Available Daily:**

- Pre-packed Chef Salad
- Fresh or Canned Fruit
- Assorted Sandwiches
- Milk - All Milk is Fat Free

All Grain Products are Whole Grain Rich

**LUCKY STICKER DAYS  
FEB. 6 & 26**

Find a sticker on your breakfast tray and receive a coupon for a free ice cream at lunch!!



- Ala Carte Prices:
- Milk \$.50
  - Fruit Juice \$.50
  - Ice Cream \$.75

Breakfast includes a Choice of Fresh Fruit, Juices, Cereals, Bagels, Milk, and the Daily Selection as Printed on the Breakfast Menu

**\*\*Food Service Helper Substitutes Needed\*\***  
(on call, as needed) - Applications available

Menu subject to change.

Hudson City School District is an equal opportunity employer and provider.

**in the Business Office**



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