



Hudson City School District
Cafeteria Menu - Jr./Sr. High School (Menu may vary by school.)
March, 2018

BREAKFAST 3/5 WG Mini-Bagel	BREAKFAST 3/6 WG French Toast Sticks w/ Turkey Sausage	BREAKFAST 3/7 Yogurt Bar	BREAKFAST 3/8 Breakfast Pizza	BREAKFAST 3/9 Assorted WG Donuts
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
WG Chicken Nuggets Mashed Potatoes Whole Wheat Dinner Roll Vegetable Bar Fruit Choices Milk	Chicken Taco on WG Soft Shell Lettuce, Tomato, Cheese Brown Rice, Salsa Vegetable Bar Fruit Choices, Milk	Meatball Sub on WW Roll Green Beans Vegetable Bar Fruit Choices Milk	Roast Turkey w/ Gravy Mashed Potatoes Corn Whole Wheat Dinner Roll Vegetable Bar Fruit Choices, Milk	WG Veggie, Buffalo, or Cheese Pizza Vegetable Bar Fruit Choices Milk
BREAKFAST 3/12 WG Mini-Pancakes	BREAKFAST 3/13 Breakfast Sandwich	BREAKFAST 3/14 Ultimate Breakfast Round & Yogurt	BREAKFAST 3/15 Breakfast Pizza	3/16
LUNCH	LUNCH	LUNCH	LUNCH	
WG Chicken Patty on Whole Wheat Bun Lettuce, Tomato, Onion Oven Fries Vegetable Bar Fruit Choices, Milk	WG Mozzarella Sticks w/ Dipping Sauce Garlic Breadstick Vegetable Bar Fruit Choices Milk	Beef Burrito Black Beans Salsa Vegetable Bar Fruit Choices Milk	Cheeseburger on WW Bun Lettuce, Tomato, Onion Seasoned Potato Wedges Vegetable Bar Fruit Choices Milk	Superintendent's Conference Day School Closed
BREAKFAST 3/19 WG Mini-Bagels	BREAKFAST 3/20 WG French Toast Sticks w/ Turkey Sausage	BREAKFAST 3/21 Yogurt Bar	BREAKFAST 3/22 Breakfast Pizza	BREAKFAST 3/23 Assorted WG Donuts
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
WG Chicken Nuggets Mashed Potatoes Whole Wheat Dinner Roll Vegetable Bar Fruit Choices Milk	Turkey & Bacon Sub Curly Fries Vegetable Bar Fruit Choices Milk	Chicken Parmesan w/ WG Pasta & Sauce Vegetable Bar Fruit Choices Milk	Beef Chili Corn Muffin Sweet Potato Fries Vegetable Bar Fruit Choices Milk	WG Veggie, Buffalo, or Cheese Pizza Vegetable Bar Fruit Choices Milk
BREAKFAST 3/26 WG Mini-Pancakes	BREAKFAST 3/27 Breakfast Sandwich	BREAKFAST 3/28 Ultimate Breakfast Round & Yogurt	BREAKFAST 3/29 Assorted WG Donuts	3/30
LUNCH	LUNCH	LUNCH	LUNCH	
WG Mozzarella Sticks w/ Dipping Sauce Garlic Breadstick Vegetable Bar Fruit Choices Milk	Cheeseburger on WW Bun Lettuce, Tomato, Onion Seasoned Potato Wedges Vegetable Bar Fruit Choices Milk	WG Chicken Fajita Wrap Spanish Rice Vegetable Bar Fruit Choices Milk	Cheesy Stuffed Bread Sticks w/ Marinara Sauce Vegetable Bar Fruit Choices Milk	Good Friday School Closed

Available Daily:

Salad Bar
 Fresh or Canned Fruit
 Assorted Sandwiches
 Milk-All Milk is Fat Free

Please see reverse side of menu for additional offerings.

Breakfast Includes a
 Choice of Fresh Fruit,
 Juices, Cereals, Bagels,
 Milk, and the Daily
 Selection as Printed on
 the Breakfast Menu.

Menu subject to change.

All Grain Products are Whole Grain Rich

Hudson City School District is an equal opportunity provider.

Ala Carte Prices:
 Milk \$.50
 Fruit Juice \$.50
 Ice Cream \$.75



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