



Hudson City School District
Cafeteria Menu - Jr./Sr. High School (Menu may vary by school)
April, 2018

4/2	4/3	4/4	4/5	4/6
	No School - Spring Recess			
BREAKFAST 4/9	BREAKFAST 4/10	BREAKFAST 4/11	BREAKFAST 4/12	BREAKFAST 4/13
WG Mini-Bagel	Breakfast Sandwich	Yogurt Bar	Breakfast Pizza	Muffin & Yogurt
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
WG Chicken Nuggets Mashed Potatoes Whole Wheat Dinner Roll Vegetable Bar Fruit Choices, Milk	Cheesy Stuffed Bread Sticks w/ Marinara Sauce Vegetable Bar Fruit Choices Milk	Corn Tortilla Chips w/ Taco Meat & Cheese Salsa, Corn, & Rice Vegetable Bar Fruit Choices, Milk	Cheeseburger on WW Bun Lettuce, Tomato, Onion Seasoned Potato Wedges Vegetable Bar Fruit Choices, Milk	WG Veggie, Buffalo, or Cheese Pizza Vegetable Bar Fruit Choices Milk
BREAKFAST 4/16	BREAKFAST 4/17	BREAKFAST 4/18	BREAKFAST 4/19	BREAKFAST 4/20
WG Mini-Pancakes	Assorted WG Donuts	Muffin & Yogurt	WG French Toast Sticks w/ Turkey Sausage	Ultimate Breakfast Round & Cereal
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
WG Chicken Patty on Whole Wheat Bun Lettuce, Tomato, Onion Oven Fries Vegetable Bar Fruit Choices, Milk	Turkey & Bacon Sub Curly Fries Vegetable Bar Fruit Choices Milk	Spaghetti w/ Meat Sauce Green Beans Vegetable Bar Fruit Choices Milk	Oven Roasted Chicken German Potato Salad Corn Muffin Vegetable Bar Fruit Choices, Milk	WG Veggie, Buffalo, or Cheese Pizza Vegetable Bar Fruit Choices Milk
BREAKFAST 4/23	BREAKFAST 4/24	BREAKFAST 4/25	BREAKFAST 4/26	BREAKFAST 4/27
WG Mini-Bagel	Breakfast Sandwich	Yogurt Bar	Breakfast Pizza	Muffin & Yogurt
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
WG Mozzarella Sticks w/ Dipping Sauce Garlic Breadstick Vegetable Bar Fruit Choices, Milk	Philly Cheese Steak on WG Roll Peppers & Onions Seasoned Potato Wedges Vegetable Bar Fruit Choices, Milk	WG Chicken & Cheese Quesadilla Brown Rice, Black Beans Vegetable Bar Fruit Choices, Milk	Cheeseburger on WW Bun Lettuce, Tomato, Onion Seasoned Potato Wedges Vegetable Bar Fruit Choices, Milk	WG Veggie, Buffalo, or Cheese Pizza Vegetable Bar Fruit Choices Milk
BREAKFAST 4/30	BREAKFAST 5/1	BREAKFAST 5/2	BREAKFAST 5/3	BREAKFAST 5/4
WG Mini-Pancakes	Assorted WG Donuts	Muffin & Yogurt	WG French Toast Sticks w/ Turkey Sausage	Ultimate Breakfast Round & Cereal
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
WG Chicken Nuggets Mashed Potatoes Whole Wheat Dinner Roll Vegetable Bar Fruit Choices, Milk	Turkey & Bacon Sub Curly Fries Vegetable Bar Fruit Choices Milk	Chicken Parmesan w/ WG Pasta & Sauce Vegetable Bar Fruit Choices Milk	Sweet & Sour Chicken Mini Veggie Egg Roll Brown Rice Vegetable Bar Fruit Choices, Milk	WG Veggie, Buffalo, or Cheese Pizza Vegetable Bar Fruit Choices Milk

Available Daily:

- Salad Bar
- Fresh or Canned Fruit
- Assorted Sandwiches
- Milk - All Milk is Fat Free

Menu subject to change.

Please see reverse side of menu for additional offerings.

Breakfast Includes a Choice
of Fresh Fruit, Juices, Cereals,
Bagels, Milk, and the Daily
Selection as Printed on the
Breakfast Menu

Ala Carte Prices:
Milk \$.50
Fruit Juice \$.50
Ice Cream \$.75

All Grain Products are Whole Grain Rich

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