



Hudson City School District
Cafeteria Menu - M.C.S. Elementary School (Menu may vary by school.)
March, 2019

BREAKFAST 3/4	BREAKFAST 3/5	BREAKFAST 3/6	BREAKFAST 3/7	BREAKFAST 3/8
WG Bagel w/ Cream Cheese	Breakfast Pizza	Yogurt & UBR	French Toast Sticks	WG Muffin
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Mozzarella Sticks w/ Dipping Sauce Garlic Roll Green Beans Fruit Choices, Milk	Grilled Cheese Sandwich on Whole Wheat Bread Soup Chickpea Salad Fruit Choices Milk	Spaghetti & Meatballs Veggie Sticks Fruit Choices Milk	Chicken & Waffle Sweet Potato Fries Fruit Choices Milk	Cheese Pizza Garden Salad Fruit Choices Milk
BREAKFAST 3/11	BREAKFAST 3/12	BREAKFAST 3/13	BREAKFAST 3/14	BREAKFAST 3/15
WG Bagel w/ Cream Cheese	WG Donut	Yogurt & Cereal	Mini-Pancakes	
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Chicken Nuggets Brown Rice Steamed Carrots Fruit Choices Milk	"Brunch for Lunch" WG French Toast Sticks Turkey Sausage Patty Hash Brown Rounds Carrot Sticks Fruit Choices, Milk	Chicken Taco on WG Soft Shell Lettuce, Cheese, Salsa Black Beans Fruit Choices Milk	Cheese Pizza Veggie Sticks Fruit Choices Milk	Superintendent's Conference Day School Closed
BREAKFAST 3/18	BREAKFAST 3/19	BREAKFAST 3/20	BREAKFAST 3/21	BREAKFAST 3/22
WG Bagel w/ Cream Cheese	Breakfast Pizza	Yogurt Bar	French Toast Sticks	WG Muffin
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Chicken Patty on Whole Wheat Bun Sweet Potato Fries Fruit Choices Milk	All Beef Hot Dog on Whole Wheat Bun Vegetarian Beans Fruit Choices Milk	Meatballs & Gravy on Mashed Potatoes WW Dinner Roll Fruit Choices Milk	Popcorn Chicken Brown Rice Steamed Carrots Fruit Choices Milk	Cheese Pizza Garden Salad Fruit Choices Milk
BREAKFAST 3/25	BREAKFAST 3/26	BREAKFAST 3/27	BREAKFAST 3/28	BREAKFAST 3/29
WG Bagel w/ Cream Cheese	WG Donut	Mini-Pancakes	WG Muffin	Breakfast Sandwich
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Chicken Nuggets Brown Rice Steamed Carrots Fruit Choices Milk	"Brunch for Lunch" WG French Toast Sticks Turkey Sausage Patty Hash Brown Rounds Carrot Sticks Fruit Choices, Milk	Corn Tortilla Chips w/ Taco Meat & Cheese Black Beans Salsa Fruit Choices, Milk	Mozzarella Sticks w/ Dipping Sauce Garlic Roll Green Beans Fruit Choices, Milk	Cheese Pizza Veggie Sticks Fruit Choices Milk

Breakfast Includes a Choice of Fresh Fruit, Juices, Cereals, Bagels, Milk, and the Daily Selection as Printed on the Breakfast Menu.

Available Daily for Lunch:
 Pre-packed Fresh Salad
 Fresh and Canned Fruit
 Assorted Sandwiches, including Grilled Cheese Sandwich
 Hummus Plate: Hummus, Flat Bread, Cheese Stick, & Veggie Sticks
 Pizza
 Milk - All Milk is Fat Free

All Grain Products are Whole Grain Rich

Please see reverse side of menu for additional offerings.

Menu subject to change.

Hudson City School District is an equal opportunity employer and provider.