



Hudson City School District

Cafeteria Menu - Jr./Sr. High School (Menu may vary by school)

April, 2019



BREAKFAST 4/1 WG French Toast Sticks w/ Turkey Sausage	BREAKFAST 4/2 Breakfast Sandwich	BREAKFAST 4/3 Yogurt Bar	BREAKFAST 4/4 Breakfast Pizza	BREAKFAST 4/5 WG Muffin & Cheese Stick
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Chicken Nuggets Brown Rice Corn Vegetable Bar Fruit Choices, Milk	"Double Dogs" (2 Hot Dogs on a Bun) Curly Fries Vegetable Bar Fruit Choices, Milk	Chicken Fajitas on WG Tortilla Peppers & Onions Brown Rice Black Beans Vegetable Bar Fruit Choices, Milk	Cheeseburger on WW Bun Lettuce, Tomato, Onion Tator Tots Vegetable Bar Fruit Choices, Milk	Popcorn Chicken Bowl (Chicken, Mashed Potatoes, Corn, & Gravy) Dinner Roll Vegetable Bar Fruit Choices, Milk
BREAKFAST 4/8 WG French Toast Sticks w/ Turkey Sausage	BREAKFAST 4/9 WG Cinnamon Roll	BREAKFAST 4/10 UBR & Yogurt	BREAKFAST 4/11 WG Donut	BREAKFAST 4/12 Cheese Omelet
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Mozzarella Sticks w/ Dipping Sauce Dinner Roll Roasted Broccoli Spears Vegetable Bar Fruit Choices, Milk	Philly Cheese Steak on WW Roll Curly Fries Vegetable Bar Fruit Choices, Milk	Penne Pasta Bar w/ Marinara or Alfredo Sauce Vegetable Bar Fruit Choices Milk	BBQ Chicken Macaroni & Cheese Corn Vegetable Bar Fruit Choices, Milk	Chicken Patty on Whole Wheat Bun Lettuce & Tomato Sweet Potato Fries Vegetable Bar Fruit Choices, Milk
BREAKFAST 4/15 WG French Toast Sticks w/ Turkey Sausage	BREAKFAST 4/16 Breakfast Sandwich	BREAKFAST 4/17 Yogurt Bar	BREAKFAST 4/18 Breakfast Pizza	BREAKFAST 4/19
LUNCH	LUNCH	LUNCH	LUNCH	
Jamaican Beef Patty Creole Rice Curried Carrots Vegetable Bar Fruit Choices, Milk	Chicken Burrito w/ Salsa Corn Vegetable Bar Fruit Choices Milk	Spaghetti & Meatballs Green Beans Vegetable Bar Fruit Choices Milk	Chef's Choice Vegetable Bar Fruit Choices Milk	Good Friday School Closed
4/22	4/23	4/24	4/25	4/26
	No School - Spring Recess			
BREAKFAST 4/29 WG Muffin & Cheese Stick	BREAKFAST 4/30 WG Cinnamon Roll	BREAKFAST 5/1 UBR & Yogurt	BREAKFAST 5/2 WG Donut	BREAKFAST 5/3 Cheese Omelet
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Chicken Nuggets Mashed Potatoes Dinner Roll Vegetable Bar Fruit Choices, Milk	Mozzarella Sticks w/ Dipping Sauce Bread Stick Roasted Broccoli Spears Vegetable Bar Fruit Choices, Milk	Corn Tortilla Chips w/ Taco Meat & Cheese Brown Rice Black Beans, Salsa Vegetable Bar Fruit Choices, Milk	Roast Chicken Pasta Salad Vegetable Bar Fruit Choices Milk	Cheeseburger on WW Bun Lettuce, Tomato, Onion Curly Fries Vegetable Bar Fruit Choices, Milk

Breakfast includes a Choice of Fresh Fruit, Juices, Cereals, Bagels, Milk, and the Daily Selection as Printed on the Breakfast Menu

Available Daily for Lunch:
Salad Bar
Fresh and Canned Fruit
Assorted Sandwiches: PBJ, Tuna, Egg Salad, Turkey
Hummus Plate: Hummus, Flat Bread, Cheese Stick, & Veggie Sticks
Pizza
Milk - All Milk is Fat Free

All Grain Products are Whole Grain Rich

Ala Carte Prices:
Milk \$.50
Fruit Juice \$.50
Ice Cream \$.75
Frozen Yogurt \$1.00

Please see reverse side of menu for additional offerings.

Menu subject to change.

Hudson City School District is an equal opportunity employer and provider.